



# YOUR LOGO

*Your Message or Tag Line (Optional)*

## Glucosamine Chondroitin

This advanced Glucosamine Complex was developed specifically for **athletes** and **active lifestyle enthusiasts**.

It's a potent, bio-engineered formulation of specialized, all natural Mucopolysaccharides (Glucosaminoglycans & Proteoglycans), related joint and connective tissue precursor materials, Natural Proteolytic Enzymes, MSM (Methyl Sulfonyl Methane) an Isolated Amino Acid (dl-Phenylalanine), and special blend of synergistic herbs.

Several studies and clinical trials suggest supplementation with glucosamine will reduce pain, increase joint flexibility and help restore articular function. Glucosamine has been shown to help the body rebuild damaged cartilage.

### Advanced Formula Considerations

Glucosamine Sulfate, N-Acetyl Glucosamine and Chondroitin Sulfate are building blocks of cartilage and can help the body to rebuild damaged cartilage when given in supplemental form.

Reduction in pain and inflammation can be manifested through the use of anti-inflammatory enzymes (Peptidase & Bromelain) and anti-inflammatory herbs (Licorice, Yucca, and Devil Claw), MSM (Methyl Sulfonyl Methane) and the pain modulating amino acid dl-Phenylalanine.

Increased blood flow to the joints can be stimulated by the use of Boswellia Serrata, an ancient Indian Herb from the Ayurveda health system.

Horsetail herb can improve the health of these tissues by serving as a source of calcium, various minerals and a highly absorbed form of Silica (Silica promotes collagen formation and bone growth)

### What You Should Know About Glucosamine

Glucosamine is a compound known as an aminosugar, and is naturally concentrated in human connective tissue and joint synovial fluid. Several forms of glucosamine are available. However, glucosamine sulfate appears to have superior absorption and effectiveness.

The sulfur portion of the compound also has nutritional value since the body can use it to produce disulfate bonds that further contribute to the strength and integrity of connective tissue. In fact, recent studies have shown that glucosamine sulfate supplementation may be as effective as nonsteroidal anti-inflammatory drugs (NSAIDs) for relief of arthritis pain and inflammation.

Chondroitin sulfate (CS) is a mucopolysaccharide and natural constituent of cartilage, connective tissue and bone. Clinical research has shown that when taken as a nutritional supplement, CS can provide several important compounds vital to healthy connective tissue. CS has been shown to produce positive results in a variety of joint complaints, and has gained recent popularity among those suffering pain and swelling due to arthritis.

Supplement Facts		
Serving Size 2-4 Capsules		
Servings Per Container 50-25		
Amount Per 4 Capsules	% Daily Value*	
Vitamin C (as ascorbic acid)	120 mg	200 %
Glucosamine (as glucosamine sulfate potassium)	1,500 mg	†
Chondroitin Sulfate	376 mg	†
Proprietary Blend:	1,095 mg	†
MSM (as methylsulfonylmethane), DL-Phenylalanine, Bromelain 600, Turmeric Extract, Horsetail Herb, Quercetin, Boswellia Serrata, Licorice Root, Manganese.		

\*Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Values not established.

Other Ingredients: Cellulose, Magnesium Stearate