Get ready to be amazing!

We'll teach you how to:

- ✔ ***Increase Energy and Vitality***
- ✔ ***Decrease Body-Fat***
- ✔ ***Tone & Firm Muscle***
- ✔ ***Suffer Less Stress***
- ✔ ***Gain Healthier Hair, Skin & Nails***
- ✔ ***Maintain Brighter, Clearer Eyes***
- ✔ ***Experience a Whole New YOU!***

Our Guarantee

With the **MAP SYSTEM** as your planner, you will have the **knowledge** and **tools** to take **control** of your weight, health and overall lifestyle… ***forever!***

100% MONEY BACK GUARANTEE

YOUR LOGO

MAP SYSTEM

MENU & ACTIVITY PLANNER

Get ready to be amazing!

Blinded by Science

With today's modern biotechnology we **replace vital organs, cure deadly diseases** and **perform medical miracles** almost daily.

Surly, the same approach toward maladies such as being **overweight** and **obesity** should be easy... ***right?***

Wrong!

For more than **300 years** reserachers have worked tirelessly to discover a **simple pharmaceutical solution.** After all, weight-loss is a lucrative market worth **billions**. Yet, despite the **top scientists** and **billions** in research, ***100%*** of all **weight-loss shortcuts** have ***failed.***

They Continue to Fail

And, it's not just big pharma. All **commercial weight-loss programs** that focus on **restricted calorie dieting, hypnosis, liposuction, lap-band surgery**, etc., are dismal ***failures***. If not downright ***dangerous!***

The Real Irony

Despite man's incredible advancements in almost all fields, the **human body**, itself, still **processes foods** the **exact same way** it did **thousands of years ago**.

It does so with **amazing efficiency** using hundreds of **complex processes**.

Therein, lies the **SECRET!** The human body has its **own set of rules.** And, it allows **NO SHORTCUTS.** In fact, the body perceives shortcuts, like **low-calorie dieting,** as **starvation --** a ***threat to its own survival!***

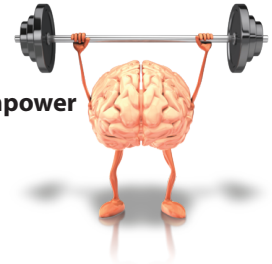
Here's the TRUTH.

The ***REAL*** reason most people don't gain permanant **control** of their weight, as well as other health issues, is because they simply **don't know** how their bodies **function**.

Ask yourself. Do you fully **comprehend** the synergy between between foods and activities -- and how it all relates to your **weight, metabolism, body chemistry** and overall **health?**

The truth is that most people have a better understanding of how their mobile devices function than how their own bodies operate!

Knowledge is Power



A high priority of our program, as with all of our services, is to **empower you** through **knowledge.**

Once you understand how your body **really works** -- the path is cystal clear.

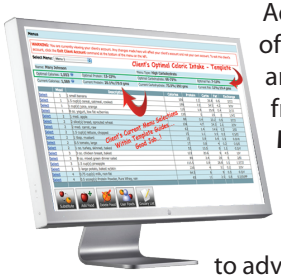
It's All About YOU!

Another key to your success is **personalization**. We focus on your **individuality** by assessing several key attributes, including your:

- **Body Composition**
- **Optimal Caloric Requirements**
- **Food Preferences**
- **Body Attributes**
- **Current Physical Condition**
- **Goals**

Then, we design a program that is very specific to **you**. It is ***your own customized program***.

MAP System - First Step of the Journay



Adhering to the body's own set of rules (basic human physiology) and progressing within its own frame work is at the **core** of our **MAP System.**

The **MAP System** uses sophisticated web technology to advance a **back-to-basics, no-nonsense** approach to the **3P's ...**

- **Proper nutrition**,
- **Productive exercise**
- **Positive motivation**

Plan Your Success

You'll be able to login to your **personal MAP System account** from home, work or anywhere.

Then, along with **our guidance**, plan your healthy meals ensuring **consistent calories** in the proper ranges of **protein, carbohydrate** and **fat.** And, we'll make sure the meals consist of foods ***you already like to eat!***

Get Ready to Be Amazing!

For more than 23 years, the **MAP System** has played a part in successful, long-term weight-management for thousands of people... just like you.

Beyond a **decrease** in **body-fat**, most people report other immediate benefits from the **3P's ,** including:

- **Increased Energy Levels**
- **Reduced Stressed and Anxiety**
- **Healthier Hair, Skin and Nails**
- **Deeper, Longer Sleep**
- **Brighter, Clearer Eyes**
- **Overall Feeling of "Well-being"**